

Consent Form For Oral Sedation

1. I understand that Minimal Oral Sedation (MOS) / anxiolysis (defined as the diminution of anxiety) will be achieved by the administration of oral medications and possibly nitrous oxide/oxygen.
2. I have been instructed to take a pill at Dr. Braun's dental office approximately 60 minutes before my appointment.
3. I understand that the purpose of MOS/anxiolysis is to more comfortably receive dental care. Anxiolysis is not required to provide the necessary dental care. I understand that MOS/anxiolysis has limitations and risks and success cannot be guaranteed.
4. I understand that MOS/anxiolysis is a drug-induced state of consciousness to reduce fear and anxiety. I will be able to respond during the procedure. My ability to act and function normally returns when the effects of the sedative wear off.
5. I understand and have been informed that the alternatives to anxiolysis are:
 - a. No sedation: The necessary procedure is performed under local anesthetic only.
 - b. Nitrous oxide/oxygen inhalation sedation only: Commonly called laughing gas.
 - c. Moderate Oral Sedation/Oral Conscious Sedation: Sedation using orally administered sedative medications to achieve a minimally depressed level of consciousness.
 - d. Intravenous (I.V.) Sedation
 - e. General Anesthesia
6. I understand that there are risks and limitations to all procedures. For MOS/anxiolysis these may include:
 - a. Inadequate initial dosage. This may result in a sub-optimal level of MOS/anxiolysis.
 - b. Atypical reaction to the sedative medications. In unusual circumstances this may require emergency medical attention and/or hospitalization. Other atypical reactions may include: altered mental states (e.g. oversedation or hyper responding to the sedative medication), allergic reactions, and nausea and/or vomiting.
7. I understand that if, during the MOS/anxiolysis procedure, a change in treatment plan is required, I authorize the dentist to make whatever change they deem in their professional judgment is necessary. I understand that I have the right to designate the individual who will make such a decision.
8. I have had the opportunity to discuss MOS/anxiolysis and have my questions answered by qualified personnel including the dentist. I also understand that I must follow all the recommended treatments and instructions of my dentist.
9. I understand that I must notify the dentist if I am pregnant, or if I am lactating. I must notify the dentist if I have sensitivity, intolerance, or allergy to any medication. I have informed the dentist of my past and present medical history, if I have recently consumed alcohol or other recreational drugs, and if I am presently on any prescription or non-prescription medications.
10. I understand that after taking oral sedatives I am not permitted to drive or operate hazardous machinery for 24 hours after my procedure. I understand and acknowledge that I will have a responsible adult drive me to and from my dental appointment on the day of the anxiolysis procedure.
11. By signing below I hereby consent to MOS/anxiolysis in conjunction with my dental treatment.

Patient / Guardian

(Signature) _____ (Print) _____

Date _____

Pre-operative Instructions for Oral Sedation

Things to do/remember before your appointment:

- No smoking* - *This affects the level of sedation during your treatment, and can negatively affect your comfort level during the appointment.*
- No alcohol* - *The dentist cannot safely sedate you if you have had alcohol, narcotics pain medicines (including Vicodin/Hydrocodone) or any street or recreational drugs in the last 24 hours.*
- No caffeine
- Take no additional medications (e.g. OTC pain medications and antacids, herbal or nutritional supplements) unless discussing these medications with the dentist*
- Nothing to eat after midnight, it is Ok to take your medication with some water on the morning of the appointment* - Unless otherwise instructed by the dentist
- Remember to remove any dark nail polish (e.g. blue, black, etc)

The morning of your appointment:

- Take the sedative medication as instructed by the dentist before your appointment*
- Please leave jewelry and watches at home
- No contact lenses
- Wear short sleeves and comfortable clothing
- Wear comfortable shoes/socks

It is absolutely essential that you have your escort drive you to your appointment if you are taking any sedatives the night before your appointment.

****Regrettably, failure to comply with the items marked with an asterisk can compromise the safety of the sedation procedure. In most cases, the dentist will not be able to proceed with your treatment.***